

Jim Horner Grand Prix of Cyclo-cross



Saturday September 18, 2021

**Millcreek Ravine - Argyll Park
6850 88 St
Edmonton AB**

Race Organizer: Lorne Dmitruk
ledmitruk@gmail.com 780.619.1917

Last Updated: Aug. 31, 2021

JUVENTUS CC

RACE SERIES

*This event is sanctioned by
Alberta Bicycle Associat*



Registration & License Check

Registration is available at [Zone 4](#) and closes Thursday, Sept 17, 2019 at 23:59pm. Please sign-up on-line. Race day registration will not be permitted.

Early bird registration all categories \$30.00

Regular registration all categories \$40.00

All ABA and UCI licensed riders are eligible to register.

Single Event Licenses (SEL): Available for \$10 online. SEL men and women will be placed in Novice Men or Sport Women, respectively. Riders are only allowed two SEL's per year regardless of discipline.

All riders must sign-in on race day 15 minutes prior to category start time. Licensed riders must present their license. Failure to bring your license may result in a \$10 fine.

Race Categories

Men: Open, Expert, Sport, Novice

Women: Open, Sport


New cyclo-cross riders should compete in the cross category corresponding to their respective Road or Mountain Bike category, whichever is higher. If you are new to CX please use the following to determine which category you should compete in.

Cyclo-cross	Road	Mountain
<u>Cyclo-cross Category</u>	<u>Road Category</u>	<u>MTB Category</u>
Novice Men	U15, U17, Master 50+; Categories 4, 5	U15, U17, Novice, Master 50+, Sport
Sport Men	Categories 3,4, and 5	Sport, Expert
Expert Men	Categories 1/2, 3	Expert, Elite
Open Men	Open to all license-holders	Open to all license-holders
Sport Women	Categories 3, 4, and 5	Novice, Sport, Expert
Open Women	Categories 1/2, but open to all license-holders	Elite, but open to all license-holders

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Points

Points will be awarded to the Alberta Cyclo-cross Cup to 30th position in each category, per the table below:

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Points	60	50	45	40	35	30	28	26	24	22	20	19	18	17	16
Place	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Points	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1

Race Numbers

Bring your ABA cyclo-cross body numbers. If you don't have them yet you can get them at the race from the ABA. SEL racers will be given a number at sign-on.

Race numbers for cyclo-cross must be placed as follows – one body number (centre lower back) and 2 shoulder numbers as shown on the image below.



Watch out for the yellow Leader number for Open Men/Women!

Regulations

Receiving permission to host racing events is challenging, requiring Permits, Insurance, Association Agreements and no end to the volunteer motivation and time. The ABA, Juventus Cycling Club and the race organizers are committed to providing a safe environment for all participants. It is therefore of the utmost importance that you adhere to the rules and regulations outlined herein. Please understand that your cooperation ensures not only your safety, but the safety of those racing with you and the likelihood of repeating and growing these events in the coming years.

General Highlights

- A helmet shall be worn whenever travelling on a bike.
- Whenever on-course, only move (ride/walk) in the race direction, exit the course to back-track and re-enter in the direction of the race. If you don't know the direction, please ask.
- During racing, do not enter the course or pit area, safe crossing zones are provided.
- Please race with sportsmanlike etiquette and conduct. Racers being lapped shall graciously neutralize themselves to minimize interruption to the front of the race.

UCI CX Regulations

If you are not already familiar with the UCI/ABA Cyclo-cross Rules, please do so prior to arrival. It is your responsibility to know and follow these: [UCI CX Regulations](#)

Anti-Doping

The ABA complies with and fully supports the UCI anti-doping regulations, the clauses of the World Anti-doping Code and its international Standards to which the UCI anti-doping regulations refer and to the anti-doping regulations of other competent bodies as per the regulations of the UCI.

Bikes

The ABA follows UCI International rules when it comes to the type of bike you can ride in a cross race. Novice and Sport categories are allowed mountain bikes; riders in all other categories, Elite, Expert and Open must have a cyclocross bike. Please ensure that you remove all bags, pumps, fenders, bells and whistles from your bicycle.

Call-ups

There will be call ups five minutes before the start of the events. Eight riders per race will be called up at each Alberta Cup and Alberta Championship event. Call up will be based on, in descending order of priority:

- a) Current UCI points (applies to Open Men and Open Women only)
- b) Same-category result from previous year's Alberta Provincial Championship
- c) Current Alberta Cup points in Open Men or Open Women category
- d) Current Alberta Cup points in Expert Men category
- e) Current Alberta Cup points in Sport Men or Sport Women category
- f) Date of registration (earliest to latest)

Race Schedule

09:00	Registration opens
09:00-09:50	Course open for warm up
10:00	Novice men – 40 minute race +/- half lap time
11:00	Sport men – Minimum 40 minute race
12:00	Sport women – Minimum 30 minute race
13:00-13:20	Course open for warm up
13:30	Expert men – 50 minute race +/- half lap time
14:40	Open Women – Minimum 40 minute race
15:50	Open men – 60 minute race +/- half lap time

* Call-ups will be 5 min before each race

* Awards following each category!

The ABA and the organizer may shorten the races and/or the course dependent on weather, time delays, and combine categories if necessary.

Course Pre-Riding

Pre-riding will be available from 09:00 am to 09:50 am. Please respect these times to allow for full course preparation and the arrival of EMS personal. In addition the course will open following the Sport Women's race (about 12:55) until 13:20 There may also be short openings between races. Don't ride the course when other categories are racing. You will be fined (as per UCI 12.1.040.28). Check with commissaires before entering the course after 9:50am. Please only enter the course from the Start/Finish Area to do any pre-riding.

Mechanical Zones

There will be one double equipment pit as marked on the course map

The exchange of equipment between riders is forbidden. Equipment changes may only take place in the equipment pit. Rider may change wheels or bikes only in the equipment pit. Riders may only use the equipment pit lane to change equipment. A rider who passes the end of the equipment pit area must proceed to the following equipment pit to change wheels or bikes.


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A rider who is still in the racing lane and has not passed the end of the equipment pit area may enter the equipment pit as long as he re-traces his route in the racing lane and enters the pit at its start without obstructing other competitors.

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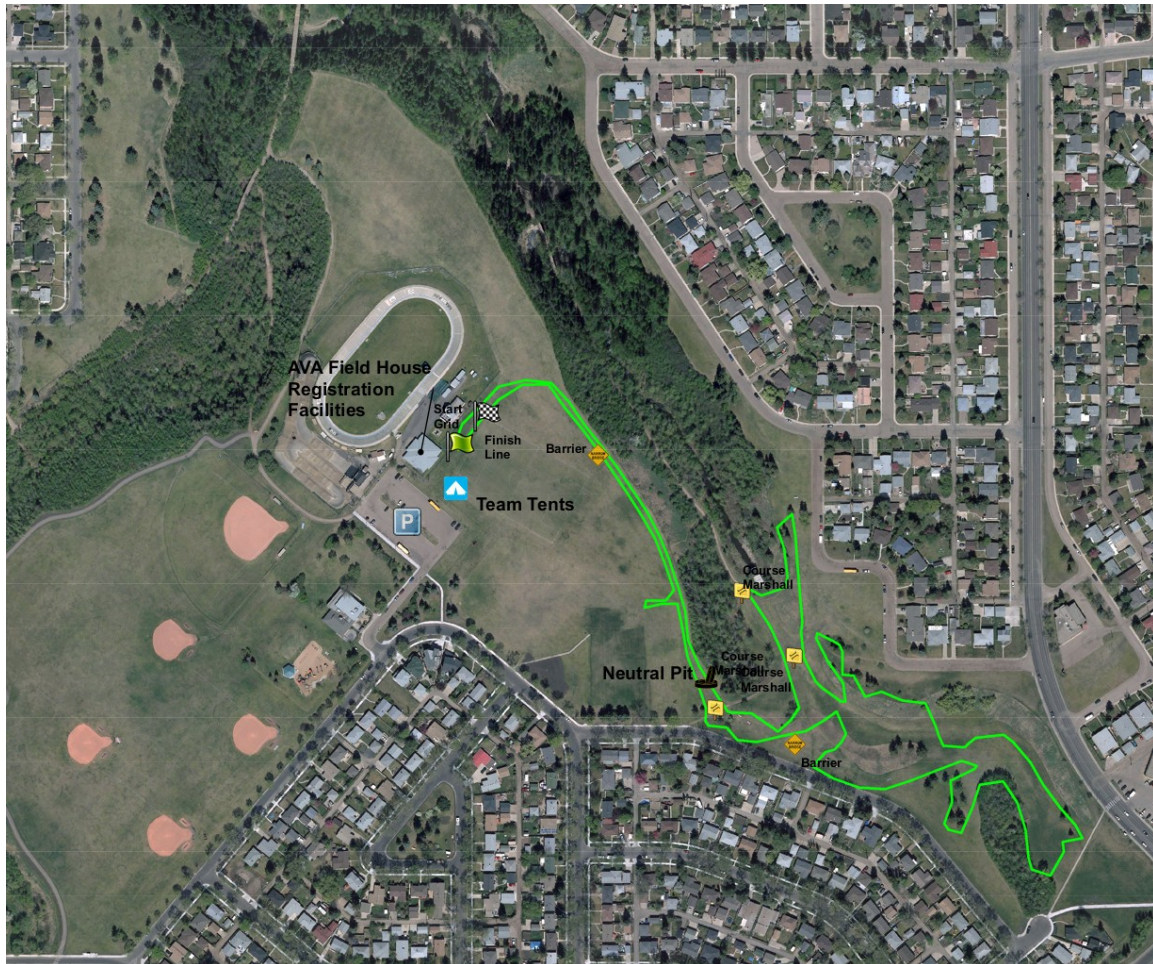
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Course

The course is located in a public park and off leash area. Please expect people to cross the course during warm up. Be courteous and slow down. Marshals will direct the public during the race but not all areas can be controlled. The start finish area is located near the Argyll Velodrome clubhouse.



Rider Conduct

Unsportsmanlike & unbecoming conduct will not be tolerated, littering, use of profane language and any verbal abuse whatsoever of officials, organizers and volunteers. Officials & Organizers retain the right to assess penalties, fines and/or disqualify riders from the race as deemed necessary.

Awards

Cash prizes will provided for all categories payed by direct deposit. Podium and prizes will take place as soon as possible once results are official. The podium will be at the Argyll velodrome just outside the fencing.

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Emergency Services and First Aid

Primary Contact Person: Lorne Dmitruk 780-619-1917

First Aid will be located at the Argyll Velodrome and on site EMT service will be provided by Aaron Paramedical. [University of Alberta Hospital](#) is located within 10 km of the race site. In addition first kits and an A.E.D are located in the Argyll Velodrome club house. If there is an on-course incident, the nearest course marshal will alert First Aid personnel via radio who can be quickly dispatched on the course. If the incident is serious, 911 EMS will be called for packaging and evacuation.

Addresses of Nearest Medical Facilities

University of Alberta Hospital
8840 112 Street NW Edmonton AB T6G 2B7
780-407-8822

Communication Plan

There will be 2 race radios available for medical personnel. Each medical person will also have a cell phone. If there is an incident on course, the medical team will be notified via race radio. In the rare occasion that radio communication fails (the course area is only 500m in length), cell phone communication will be used. Each course marshal will receive a list of phone numbers for race organizer and medical staff. Participants are informed to call 911 in the event of an Emergency.


COVID 19 Precautions

Programming will follow Stage 3 guidelines provided by Alberta Health Services.

- All racers/volunteers/spectators must carry a mask with them to use in a situation where physical distancing cannot occur. Masks are recommended while accessing building facilities.
- Where possible, consider giving yourself and each other 2 metres of distance.
- All participants must complete the Alberta Health Safety Checklist before taking part. AHS Daily covid-19 Checklist
- Anyone who has been in recent contact with someone with symptoms of COVID-19 may not participate or attend any events.
- Please stay at home if you are experiencing symptoms of COVID-19.
- Riders must wear masks before approaching and while interacting with staff, race officials and volunteers if they cannot maintain a minimum 2m distance.
- All riders and volunteers must bring their own food and drinks.

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- Failure to comply with AHS/ABA regulations and/or the instructions of an official will result in removal from the event and may result in further sanctions, penalties or fines.

These precautions are in place to protect all participants and officials as everyone has a different level of risk and comfort as we progress to a back to near normal race year. We hope these guidelines will help to alleviate concerns and/or differing opinions around stages of protection from the current pandemic.

Air Quality Health Index (Smoke Conditions)

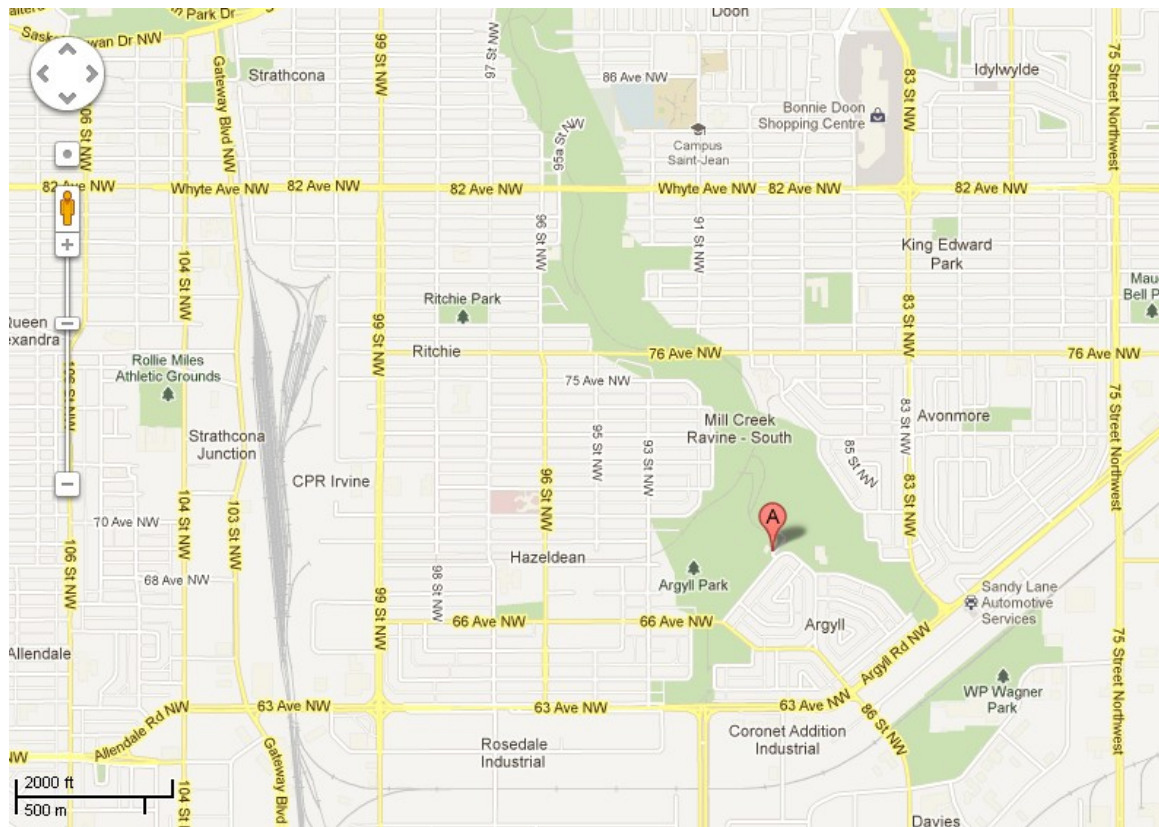
If at any point where a decision is to be made regarding postponing, shortening or cancelling a race, the decision will be made by the Chief Commissaire, ABA Technical Delegate and the Race Organizer. If they choose to start an event, either on time or through postponement, the race may still be cancelled at anytime if the conditions become dangerous by either their decision, or the air quality reading becomes 7 or higher.

Location & Directions

[Argyll Velodrome](#)

6850 – 88 St.

Edmonton, Alberta



Parking

Park in designated areas only – main parking is at the Argyll Velodrome with overflow at Argyll School (immediately east of the parking entrance). Do not park in front of homes across from the park. Be courteous when riding on public roads and especially on trails in the area of the course.

Volunteers

This event would not be possible without volunteers. The Juventus Cycling Club would like to formally thank all volunteers that have contributed their time and energy to make this event possible. Please take the time to thank a volunteer!

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